PSHE Long Term Plan

"I Am Fearfully And Wonderfully Made"
– Psalms 139 v14

EYFS	**Early Years** In Early Years we focus on quality first teaching adhering to Birth to Five Matters and focusing on the PSED and Physical Health and Self Care areas. The Characteristics of Effective Learning support our Growth Mindset teaching across the school. In addition, the One Decision Early Years resources have been designed to meet the needs of the Development Matters Framework and cover a number of key areas but, in particular, elements of PSED. Students are guided through the Early Years resources by the colourful Rainbow Drop characters. Throughout these resources, the Rainbow Drops will go on many adventures and learn a lot about the wider world that they live in. Floor book discussions are recorded in our class PSHE book.							
Unit	**Keeping and Staying Safe**	**Keeping and Staying Healthy**	**Relationships** **Growing and Changing**	**Being Responsible**	**Feelings and Emotions**	**Computer Safety**	**Our World** **The Working World**	**Hazard Watch**
Year 1 & 2 Cycle A 2026/2027	Road Safety	Washing Hands	Friendship	Water Spillage	Jealousy	Online Bullying	Growing in Our World	Is it safe to eat or drink? Hoax Calling (Fire Unit)
Year 1 & 2 **Cycle B**	Tying Shoelaces	Healthy Eating Brushing Teeth	Bullying Body Language	Practice makes perfect Helping someone in need	Worry Anger	Image Sharing	Living in Our World Working in Our World	Is it safe to play with? Petty Arson (Fire Unit)
Year 3 & 4 **Cycle A**	Staying Safe (Leaning out of Windows)	Medicine	Touch Consent	Stealing	Grief	Making Friends Online Computer Safety Documentary	Looking After Our World	Enya and Deedee at the Fire Station Texting While Driving
Year 3 & 4 **Cycle B**	Cycle Safety	Healthy Living First Aid	Appropriate Touch Consent	Coming Home on Time	Jealousy	Online Bullying	Chores at Home	Breaking Down Barriers
Year 5 & 6 **Cycle A** **2026-27**	Water Safety First Aid	Alcohol	In App Purchases	Stealing	Worry	Making Friends Online	Puberty Conception	British Values
Year 5 & 6 **Cycle B**	Peer Pressure Adult's and Children's Views	Smoking Adult's and Children's Views	Enterprise Adult's and Children's Views	Looking out for Others First Aid Adult's and Children's Views	Anger Adult's and Children's Views	Image Sharing Adult's and Children's Views	Puberty Adult's and Children's Views	Inclusion and Acceptance Adult's and Children's Views