Personal, Social, Health and Economic Education

Intent, Implementation and Impact

Intent

At St Mary's CE Primary School, we believe every child is uniquely created and loved by God.

"I am fearfully and wonderfully made." Psalm 139:14

Guided by our Christian values of Love, Trust and Hope, our PSHE curriculum supports children to develop the knowledge, skills and character needed to flourish both now and in the future.

We aim to nurture confident, resilient and compassionate individuals who understand their value as God's children and recognise the value of others. Through PSHE, pupils develop the understanding they need to keep themselves healthy and safe, build positive relationships, manage their emotions and become active, responsible members of their communities.

Our curriculum encourages children to develop empathy, respect, resilience and independence whilst preparing them for life in modern Britain. We seek to ensure all pupils leave St Mary's equipped with the confidence, wisdom and personal skills needed to make informed decisions and positively contribute to society.

Implementation

Our PSHE curriculum begins in the Early Years and builds progressively through to Year 6.

We follow the PSHE Association Programme of Study and use 1Decision resources to support the delivery of high-quality teaching and learning. Learning is carefully sequenced so that knowledge and skills are revisited and developed over time.

Children explore a broad range of themes including:

- Relationships and friendships
- Mental wellbeing
- Physical health and healthy lifestyles
- Keeping safe, including online safety
- Growing and changing
- Feelings and emotions
- Being responsible
- Diversity and inclusion
- Citizenship and life in modern Britain

PSHE is taught through dedicated lessons, collective worship, discussion, enrichment opportunities and wider school experiences, enabling children to apply their learning in meaningful contexts.

Impact

Children at St Mary's will:

- Develop confidence, resilience and self-esteem.
- Show kindness, empathy and respect for others.
- Understand how to keep themselves physically, emotionally and digitally safe.
- Make informed and responsible choices.
- Develop positive attitudes towards learning and life.
- Understand their role within their local, national and global communities.

Through PSHE, our children grow into caring, responsible and reflective young people who embody our values of Love, Trust and Hope.