PE Overview

ST. MARY'S CE PRIMARY SCHOOL

Investing in the UNIQUENESS of each individual

"I Am Fearfully And Wonderfully Made" – Psalms 139 v14

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to PE 1	Dance 1	Dance 2	Fundamentals	Games 1	Games 2
	Introduction to PE 2	Gymnastics 1	Gymnastics 2	Ball Skills	Land Based Water Safety	Mindful Movement
Year 1/2 Cycle A	Fundamentals	Target Games	Dance	Dance	Ball Skills	Striking and Fielding Games
	Team Building	Fitness	Gymnastics	Water Safety (Land Based)	Sending and Receiving	Athletics
Year 1/2 Cycle B	Fundamentals	Athletics	Dance	Dance	Ball Skills	Net and Wall Games
	Team Building	Mindful Movement	Gymnastics	Water Safety (Land Based)	Sending and Receiving	Invasion Games
Year 3/4 Cycle A	Fundamentals	Dance	Dance	Cricket	Rounders	Football
	Athletics	Gymnastics	Mindful Movement	Water Safety (Land Based)	Golf	Basketball
Year 3/4 Cycle B	Fitness	Dance	Dance	Water Safety (Land Based)	Hockey	Tennis
	Athletics	Gymnastics	Gymnastics	Netball	Rugby	OAA
Year 5/6 Cycle A	OAA	Swimming	Dance	Cricket	Rounders	Football
	Athletics	Gymnastics	Mindful Movement	Dodgeball	Golf	Basketball
Year 5/6 Cycle B	Fitness	Swimming	Dance	Water Safety (Land Based)	Hockey	Tennis
	Athletics	Gymnastics	Mindful Movement	Netball	Rugby	Volleyball

