

Whole School Overview of PSHE & RSE Vocabulary

	Planned Lessons	Glossary - RSE
EYFS	like, not like, love, happy, sad, angry, upset, scared, rules, friend, share, sorry, family, same, different, see, hear, smell, taste, feel, washing, brushing teeth, getting dressed, boy, girl, face, hair, skin, good touch, bad touch, privates, no, secrets, bottom, vagina, vulva, penis, testicles, danger, emergency, help	<p>Vagina – a stretchy tube that goes from the uterus to the outside of a female’s body</p> <p>Vulva – the area of soft skin between a girls’ and women’s legs</p> <p>Ovaries – where eggs are stored in a woman’s body</p> <p>Cervix – entrance to the womb</p> <p>Nipples – small projecting parts at the front of a person’s breast.</p> <p>Womb – the organ inside a woman’s body where the baby develops before it is born.</p> <p>Penis – the part of the body that is used to transport urine from the bladder and sperm from a male to a female during sexual intercourse.</p> <p>Testicles – the part of a male’s body under the penis where sperm is produced.</p> <p>Semen – a white liquid produced by males which contains sperm</p> <p>Body Image: How people feel about their body. This may or may not match a person’s actual appearance.</p> <p>Biological Sex: Our sex as determined by our chromosomes (such as XX or XY), our hormones and our internal and external anatomy. Typically, we are assigned the sex of male or female at birth.</p> <p>Bisexual: A term used to describe a person whose attraction to other people is not necessarily determined by gender.</p> <p>Contraception: Any means to prevent pregnancy</p> <p>Female Genital Mutation: is a procedure where the female genitals are deliberately cut, injured or changed, but there’s no medical reason for this to be done</p> <p>Gay: A term used to describe people who are romantically and sexually attracted to people of their same gender. Gay women will often use the word “lesbian.”</p> <p>Gender: The emotional, behavioural and cultural characteristics attached to a person’s assigned biological sex.</p> <p>Gender Expression: The manner in which people outwardly express their gender.</p> <p>Gender Identity: People’s inner sense of their gender. Most people develop a gender identity that corresponds to their biological sex, but some people do not.</p> <p>Gender Roles: The social expectations of how people should act, think and/or feel based on their assigned biological sex.</p> <p>Heterosexual: A term used to describe people who are romantically and sexually attracted to people of a different gender from their own.</p> <p>Homosexual: A term used to describe people who are romantically and sexually attracted to people of their own gender. Most often referred to as “gay” or “lesbian.”</p> <p>Lesbian: A term used to describe woman who are romantically and sexually attracted to other woman.</p> <p>Puberty: Female puberty typically begins between ages 9 and 12 and male puberty between the ages of 11 and 14, and includes such body changes as hair growth around the genitals, menstruation in girls and sperm production in boys</p> <p>Sexual Intercourse: An activity engaging two consenting parties</p> <p>Sexual Orientation: Romantic and sexual attraction to people of one’s same and/or other genders. Current terms for sexual orientation include gay, lesbian, bisexual, heterosexual and others.</p> <p>Transgender: A gender identity in which a person’s inner sense of their gender does not correspond to their assigned biological sex.</p>
Year 1	polite, rules, respect, environment, same, different, boy, girl, gender, stereotypes, friendships, relationships, feelings, love, sad, friendship characteristics, family, mam, dad, brother, sister, step-sister, step-brother, cousin, step-mam, step-dad, grandparents, privacy, good touch, bad touch, privates, vagina, vulva, penis, testicles, no, secrets, healthy, hygiene, unique, special, physical characteristics, danger, accident, treatment emergency, first aid 999	
Year 2	clean, taking care, washing, brushing, cleaning products, body part, same, different, boy, girl, neck, shoulders, chest, spine, bottom, ankles, nostrils, , shins, chin, knees, toes, lips, elbow, fingers, eyebrows, thighs, safe, unsafe, strangers, people who can help, online, secret, privacy, good touch, bad touch, privates, no, secrets, vagina, vulva, penis, testicles medicine, cleaning products, poorly, doctor, pharmacy, pharmacist, patient, scientist, danger, accident, treatment emergency, first aid 999	
Year 3	trust, privacy, confidentiality, growing up, friendship, families, stereotypes, gender, aspirations, job roles, gender specific, gender neutral, physical characteristics, personal characteristics, positive, qualities linking to job roles, privacy, good touch, bad touch, privates, no, secret, vagina, vulva, penis, testicles relationships, man, woman, expect, not expect, healthy friendship, unhealthy friendship, safe, injury, responsive, unresponsive, crisis, safe area	
Year 4	families, single parent, same sex parents, step-parent, blended families, foster, adoptive, divorce, separation, grandparents, safe, arguments, risk, risky, yes, no, health, physical wellbeing, personal safety, confidence, online safety, healthy bodies, clean, germs, personal hygiene, private body parts, bottom, vagina, vulva, penis, testicles nipples, safe touch, unsafe touch, secrets, no, offline, online	
Year 5	rules, same, different, physical changes, puberty, relationships, online, offline, healthy friendship, positive friendships, negative friendships, bullying, profit, loss, expenses, business, enterprise, secrets, trust, fears, repercussions, apologising, honesty, forgiveness, seeking advice, expressing feelings, privacy, good touch, bad touch, privates, vagina, vulva, penis, testicles, no, secrets, life cycle, reproduction, womb, gestation period, foetal, male, female, mensuration, tampons, sanitary towels wet dreams, erection	
Year 6	puberty, males, female, moods, emotional changes, menstruation, periods, ovary, vagina, cervix, uterus, fallopian tube, egg, lining of womb, sanitary towel, female genital mutation, wet dreams, penis, testicles, scrotum, erection urethra,, bladder, semen, sweat, breasts, spots, pubic hair, facial hair, underarm hair, personal hygiene, peer pressure, assertive, peer influence, identity, sexual orientation, prejudice, equality, discrimination, similarities, differences, compassion, gender stereotypes, the law, community groups, safe manner, social media, restrictions, safety online, social networking, risk, public body arts, private body parts, personal information, hand, thigh, chest, head, stomach, penis, testicles arm, leg, breasts, foot, vulva, vagina bottom, safe touch, unsafe touch, secrets, mutilation, no, aspiration, people who can help, legal drugs, illegal drugs, pharmacy, prescription, pharmacist, first aid, cardiopulmonary resuscitation, emergency, accident, strain, sprain, dislocation, veins, arteries, bruise, abrasion, laceration, incision, puncture, fracture	